Effective Date: 8/30/2022

Date Posted: \_\_\_\_\_, Initials: \_\_\_\_\_

## **Medication Deferral List**

### DO NOT STOP taking medications prescribed by your doctor in order to donate blood. Donating while taking these drugs could have a negative effect on your health or on the health of the recipient of your blood.

#### PLEASE TELL US IF YOU:

ARE BEING TREATEI WITH ANY OF THE FOLLOWING TYPES C MEDICATIONS:		WHICH IS ALSO CALLED:	ANYTIME IN THE LAST:
	Feldene	piroxicam	2 Days
Anti-platelet agents	Effient	prasugrel	3 Days
	Brilinta	ticagrelor	7 Days
(usually taken to preve stroke or heart attack		clopidogrel	
Stroke of heart attack	Ticlid	ticlopidine	- 14 Days
	Zontivity	vorapaxar	1 Month
Anticoagulants or "blood	Arixtra	fondaparinux	2 Days
	Eliquis	apixaban	
	od Fragmin	dalteparin	
thinners" (usually to	Lovenox	enoxaparin	
prevent blood clots in t		dabigatran	
legs and lungs and to	Savaysa	edoxaban	
prevent strokes)	Xarelto	rivaroxaban	
	Coumadin, Warfilone, Jantoven	warfarin	
	Heparin, low molecular weight heparin		- 7 Days
Acne treatment	Accutane		
	Amnesteem		
	Absorica	isotretinoin	
	Claravis		
	Myorisan		1 Month
	Sotret		
	Zenatane		
Multiple myeloma	Thalomid	thalidomide	
Rheumatoid Arthritis		upadacitinib	
Hair loss remedy	Propecia	finasteride	_
Prostate symptoms	Proscar	finasteride	_
	Avodart	dutasteride	6 Months
	Jalyn		0.14/
Immunosuppressant		Mycophenolate mofetil	6 Weeks
HIV Prevention (PrEP a		tenofovir, emtricitabine	3 months
PEP) Basal cell skin cancer	Tivicay, Isentress	dolutegravir, raltegravir	
	, Erivedge Odomzo	vismodegib sonidegib	
Relapsing multiple sclerosis	Aubagio	teriflunomide	24 Months
Rheumatoid arthritis	Arava	leflunomide	
Hepatitis exposure	Hepatitis B Immune Globulin	HBIG	10 Mantha
Experimental Medication or Unlicensed (Experimental) Vaccine			- 12 Months
Psoriasis	Soriatane	acitretin	36 months
	Tegison	etretinate	Ever
HIV treatment also known as antiretroviral therapy (ART)			Ever

# **Medication Deferral List**

### DO NOT STOP taking medications prescribed by your doctor in order to donate blood.

#### Some medications affect your eligibility as a blood donor for the following reasons:

Antiplatelet agents affect platelet function, so people taking these drugs should not donate platelets for the indicated time. You may still be able to donate whole blood or red blood cells by apheresis.

Anticoagulants or "blood thinners" are used to treat or prevent blood clots in the legs, lungs, or other parts of the body, and to prevent strokes. These medications affect the blood's ability to clot, which might cause excessive bruising or bleeding when you donate. You may still be able to donate whole blood or red blood cells by apheresis.

**Isotretinoin, finasteride, dutasteride, acitretin, and etretinate** can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman.

Thalomid (thalidomide), Erivedge (vismodegib), Odomzo (sonidegib), Aubagio (teriflunomide), and Rinvoq (upadacitinib) may cause birth defects or the death of an unborn baby if transfused to a pregnant woman.

**Cellcept (mycophenolate mofetil) and Arava (leflunomide)** are immunosuppressants that may cause birth defects or the death of an unborn baby if transfused to a pregnant woman.

**PrEP or pre-exposure prophylaxis** involves taking a specific combination of medicines as a prevention method for people who are HIV negative and at high risk of HIV infection.

**PEP or post-exposure prophylaxis** is a short-term treatment started as soon as possible after a high-risk exposure to HIV to reduce the risk of infection.

**ART or antiretroviral therapy** is the daily use of a combination of HIV medicines (called an HIV regimen) to treat HIV infection.

**Hepatitis B Immune Globulin (HBIG)** is an injected material used to prevent hepatitis B infection following a possible or known exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case; therefore, persons who have received HBIG must wait to donate blood.

**Experimental medication or unlicensed (experimental) vaccine** is usually associated with a research study, and the effect on the safety of transfused blood is unknown.